



USA Volleyball®

Why is USA Volleyball “The Right Choice”?

Because USA Volleyball and its Regional Volleyball Associations (RVAs) set the standards and specialize in volleyball 24/7, 365 days a year. USAV, a non-profit, non-government supported organization, is connected at all levels from the National Teams to the youngest and oldest age groups in indoor, beach, grass and Paralympic disciplines for both genders. No other organization is so totally invested in creating volleyball as a lifetime sport from top to bottom. USA Volleyball is the National Governing Body (NGB) in the United States for indoor and beach volleyball, the only organization so recognized by the United States Olympic Committee (USOC) and the Federation Internationale de Volleyball (FIVB). College scholarships and Olympic dreams begin with USA Volleyball, which has over 245,000 registered members, 12,000 teams and 5,000 clubs nationwide. Membership in USAV provides opportunities for teams from all 50 states to compete for the title of “National Champion.”

Local, Regional and National Events

Players have the opportunity to play in quality, exciting USA Volleyball sanctioned competitions – both indoor and beach – that are open only to USAV members.

USAV hosts National Championship level events for girls' and boys' youth under age 18, along with elite qualifying tournaments into their gender-specific USA Volleyball Junior National Championships and Beach Nationals.

Security, Safety and Background Checks

USAV provides extensive safety and security checks in which every coach, official, team representative, or club staff member that has contact with youth-level players is required to have a bi-annual background screening. USA Volleyball is a leader in protecting young participants.

USAV sets standards for facilities and is proactive in teaching safety issues to players, coaches, club directors, officials and event organizers to ensure the safest environment possible.

USAV members benefit from having a comprehensive insurance package provided to them as part of their registration fees.

Parent Involvement

Opportunities exist for parents to be involved in the Regional Volleyball Association governance structure and to make positive changes in the sport at the national level. Parents can also become active in the sport as scorekeepers, referees, coaches or even play in their own adult league.

USAV provides parent outreach programming to better educate the entire family unit on the sport of volleyball and the impact USA Volleyball can provide to the athlete.

USA Volleyball Sets the Standards

USAV sets the standards for governance and specifies that every region in the country meet specific criteria to remain in good standing. USAV meetings - including its Board meetings - are open to the public.

USAV recommends beach and indoor rules standards for use by every other youth and adult volleyball organization in the United States.

USAV has 36 Affiliate Organizations supporting its mission, all who are eligible to participate in the annual USAV Congress in May.

Educational Opportunities for the Beginner to the Advanced Coach/Official

All USA Volleyball junior coaches must complete minimum coaching education requirements through the USAV Coaching Accreditation Program (CAP). A state of the science, annually updated introductory level coaching clinic, called IMPACT, is delivered both locally by the RVAs and in national webinars. USAV has partnered with the National Federation of High Schools (NFHS) and the American Volleyball Coaches Association (AVCA) to offer the next level of training with a new online course. Individuals within USA Volleyball have the opportunity to advance their coaching skills through the CAP program with modules taught by highly qualified coaches including members of the National Team coaching staffs.

The annual USAV High Performance Coaches' Clinic brings in the top coaches from across the United States and around the globe to expand the coaching curriculum.

USAV CAP, Sports Medicine and High Performance programs have access to cutting-edge teaching methods, information and technology through its relationship with the United States Olympic Committee (USOC) programs and other national federations.

USAV develops high-quality referees and scorekeepers who must undergo certification training, creating a pool of regionally and nationally certified court officials.

Programming Benefits for USA Volleyball Members

USAV members are eligible to try out for and participate on Regional or National High Performance teams, including Team USA squads that compete internationally in zonal and World Championship events that are part of the Olympic pipeline.

Members receive the quarterly, full-color magazine Volleyball USA. The bi-weekly electronic newsletter "Rotations" is part of a wealth of news and information distributed to the public. Individuals can sign up for free email subscriptions by clicking [here](#). USAV has an extensive awards program with categories for athletes, coaches, officials/scorekeepers, junior representatives, sports medicine and leaders for the sport.

Grassroots Development at Youth and Adult Levels

USAV re-invests in the sport through financial support for under-represented populations including Starlings USA economically-disadvantaged clubs, boys' youth/college men, military and a wealth of disabled programming.

A huge amount of free grassroots sport development material is available on the USA Volleyball Web site, including Best Practices and "How To" instructions designed for players, club directors, coaches, officials and parents for all levels.

We are the Future

USA Volleyball has a full-time National Office staff, along with dedicated staffs and volunteers at all 40 of its Regional Offices. Both national and regional staffs deal with only indoor and beach volleyball - no other sport.

The National Office and Regional Offices are devoted to providing standardized governance and programming to grow the game.

USAV holds regularly scheduled meetings between the National Office staff, Regional Volleyball Associations and Commission leaders to maintain the high level of quality members expect.

THANK YOU!



USA*Volleyball*®

USA Volleyball would like to thank all of America, and especially those in our extended “Volleyball Family” for their support over the past years which led to our most recent history-making performance in the 2008 Beijing Games. Three gold and two silver medals in our sport for the Olympic and Paralympic

Games are the result of the Regions, Affiliated Organizations and USAV leadership working together with the U.S. Olympic and Paralympic Committees to grow the game and sustain competitive excellence. We look forward to your participation in the years ahead. Your RVA and their leadership is the place to start, but you can always contact USA Volleyball’s national office at 1-88USVOLLEY, or at info@usav.org

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